



mint

CAFE BAR

take away menu

lunch • dinner • 7 days



Sfera's Park Suites
& Convention Centre



- sfera's home made garlic bread** 6
- nidi di rondini** 12 • child 7
 rondini roulade of fresh pasta, champagne ham and mozzarella cheese, oven baked and served with napolitana sauce
- italian lasagna** 12 • child 7
 homemade traditional lasagna (meat or vegetarian) served with a fresh mediterranean salad
- gnocchi ragu** 12 • child 7
 homemade gnocchi served with a traditional italian beef ragu
- pumpkin manicotti** 12 • child 7
 fresh pasta sheets filled with pumpkin, spinach and ricotta topped with a rose sauce
- cannelloni** 12 • child 7
 ricotta, spinach and meat cannelloni served with a basil tomato sauce
- penne putanesca** 12 • child 7
 penne pasta served with a spicy italian tomato sauce
- spiralli alla panna** 12 • child 7
 short spiral pasta served with a mushroom, ham and cream sauce
- soup of the day** 12
- mint wrap** 12
 healthy pita wrap with either smoked salmon, turkey or leg ham, filled with cucumber, spanish onions, avocado, shredded carrot, lettuce and seasoning
- sfera burger** 14
 the famous sfera's char grilled chicken fillet or beef burger with bacon, swiss cheese, vine ripened tomato, roast pumpkin, caramelised onion, pesto and rocket in a sour dough bun
- sfera's fish and chips** 17
 delicately crumbed butterfish, calamari and prawns served with steak fries and tartare sauce
- chicken salad** 15
 char grilled chicken fillet served with roma tomato, mesclun lettuce, capsicum, spanish onions, cucumber and a honey mustard dressing finished with shaved parmesan
- greek salad** 9
 traditional salad of tomato, capsicum, cucumber, kalamata olives, Spanish onion and fetta served with virgin olive oil and oregano
- muffins, italian biscuits and chocolates** 2 each

for further information and orders phone

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